

BERNÍCIA

Energy saving



Investing
in homes

Energy saving

We are committed to improving financial well-being amongst our residents and providing practical advice that will reduce fuel costs and put money back into people's pockets.

Reducing energy costs – handy hints and tips

Energy prices are increasing and with over 38% of the UK population worried about heating costs we have some handy hints and tips on how to reduce costs:



Heating

Turn down your thermostat by just 1°C and you can save as much as £60 per year



Lighting

Use energy saving light bulbs. It might cost you £3-4 compared to a normal bulb but will save you about £9 on your annual electricity bill.



Washing

Washing at 30°C uses 40% less electricity than at higher temperatures.



Taps

A dripping hot water tap wastes energy and in one week wastes enough hot water to fill half a bath, so make sure any repairs are reported and taps are fully turned off.



Curtains

Closing curtains, especially lined ones, will stop heat escaping through your windows.



Find more energy saving tips in our booklets 'Beating the freeze' and 'Keep your home free from damp, condensation and mould'.

More help is available...

If you would like more information on how to reduce your energy usage please contact one of the following organisations for free and impartial advice:



Citizens Advice Consumer Service: 03454 04 05 06



Energy Saving Trust: 0300 123 1234

Alternatively contact us for more information by:



Email: info@bernicia.com



Phone: 0344 800 3800

How to contact us



Online: www.bernicia.com



Email: info@bernicia.com



Phone: 0344 800 3800



Letter: Bernicia Group
Oakwood Way
Ashwood Business Park
Ashington
NE63 0XF

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